
INFORMATION FOR PATIENTS SCHEDULED FOR INJECTION THERAPY

PROCEDURE: _____ DATE & TIME: _____

- If you are taking an anti-coagulant (blood thinner) medication, please tell Dr. Manvar or call 704-317-1440 as soon as possible. These medications must be cleared by your cardiologist or PCP to be stopped several days before an injection can be done. **DO NOT STOP** these medications without instruction from our office staff.
- Continue all of your regularly scheduled medications (including blood pressure, diabetes, thyroid).
- Inform our office immediately if you are on any antibiotics that have been started since your last office visit.
- Please shower with soap and water prior to your procedure as this may decreased your chance for any skin related infections. We will always use sterile solution to clean prior to any injection.
- If you are a diabetic, please ensure your blood glucose is **BELOW 200** on the day of your injection if steroids are planned to be used. Otherwise, you may be rescheduled to another date.
- For your safety, injections cannot be performed if you are sick (for example- have the flu, COVID, cold, sinus infection, or dental abscess) or if you have a fever above 101 F. If you are unsure, please call 704-317-1440 prior to your injection.
- Injections are done using fluoroscopy (a type of x-ray). Pregnant women should not be exposed to radiation. If you could possibly be pregnant, a test may be necessary before you can have an injection. Please inform our team with any concerns prior to the procedure.

What to expect on the day of your injection:

- Please keep your scheduled appointment. If you have to cancel, please give us atleast 24 hour notice.
- You will need to bring your insurance cards to each visit. Any applicable copays are rendered on each date of service.
- Prior to your injection, we will take your vital signs, review your medication and will explain how the injection is performed, any risks and expected benefits of the procedure. We will request your consent for the procedure if agreeable.
- You will then be escorted to the procedure room and connected to a vitals monitor. Our physician will perform the procedure and after the injection is complete, you will be monitored by a nurse and then given discharge instructions.
- Patients' response to injections varies from individual to individual. It may take several days for you to notice a change in your pain. Pay attention to how much pain relief you get from your injection and how long it lasts. This will help you and your physician to determine if additional injections or alterations in medications are needed.