

## OUR SERVICES

### Integrative Care with Multiple Specialties

- Neurosurgeons
- Orthopedic Surgeons
- Primary Care Providers
- Neurologists
- Psychiatrists
- Physical Therapists
- Chiropractors
- Radiologists
- Psychologists

### Medication Management

Combination Therapy tailored to patient's needs (including opioid and non-opioids)

### Fluoroscopic & Ultrasound-Guided Procedures

- Epidural Steroid Injections (back and neck)
- Facet Joint Injections
- Radiofrequency Ablation
- Sacroiliac Joint Injections
- Sympathetic Nerve Blocks
- Spinal Cord Stimulation
- Vertiflex
- Peripheral Nerve Stimulation
- Joint Injections
- Occipital Nerve Blocks

### Other Procedures

- Trigger Point Injections
- Small Joint Injections
- BOTOX for Headaches
- Peripheral Nerve injections

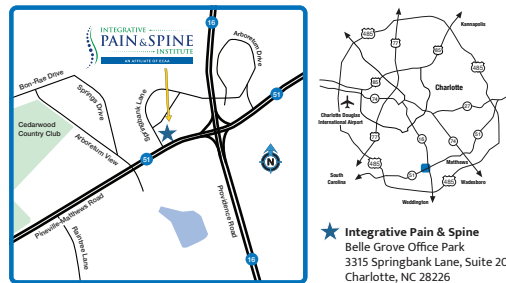
If there is a service needed that is not listed, please contact us at **704-317-1440**.

Belle Grove Office Park  
3315 Springbank Lane, Suite 202  
Charlotte, NC 28226

Phone: 704-317-1440

Fax: 704-733-9040

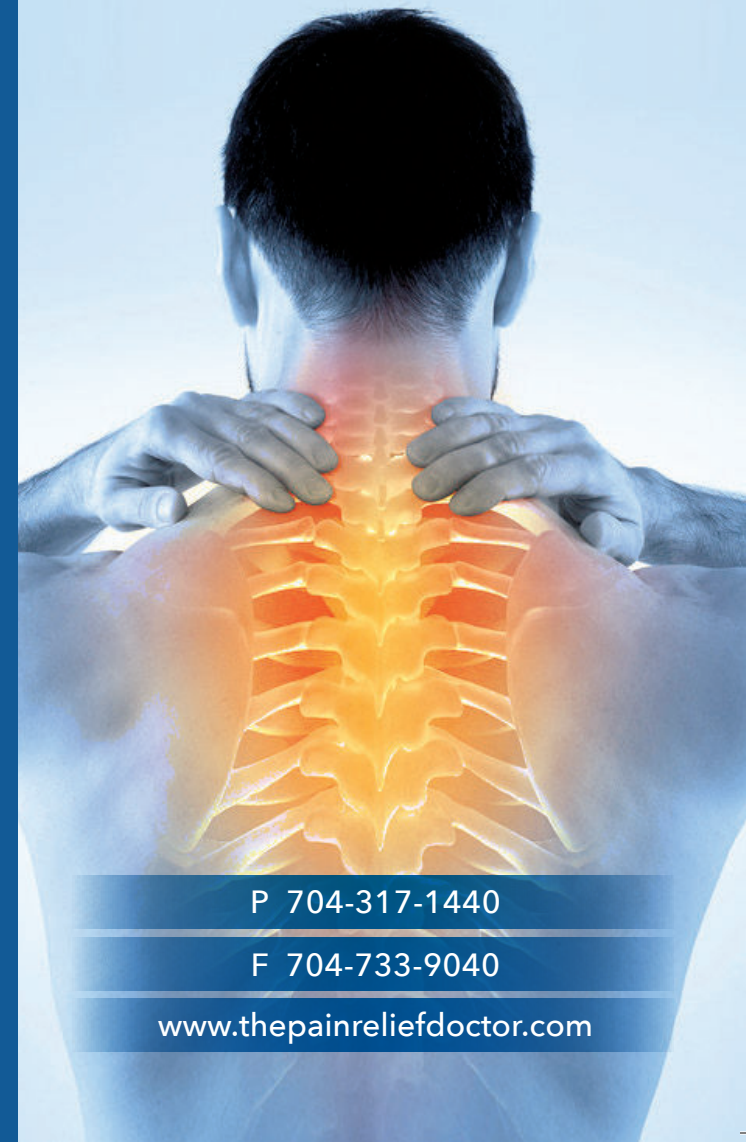
[www.thepainreliefdoctor.com](http://www.thepainreliefdoctor.com)



We accept most insurance providers. Please call our office if you would like to know if your insurance will be accepted prior to your visit.

- Aetna • Blue Cross Blue Shield • Cigna
- United Healthcare • DirectNet • Medcost
- Workers Comp • Tricare

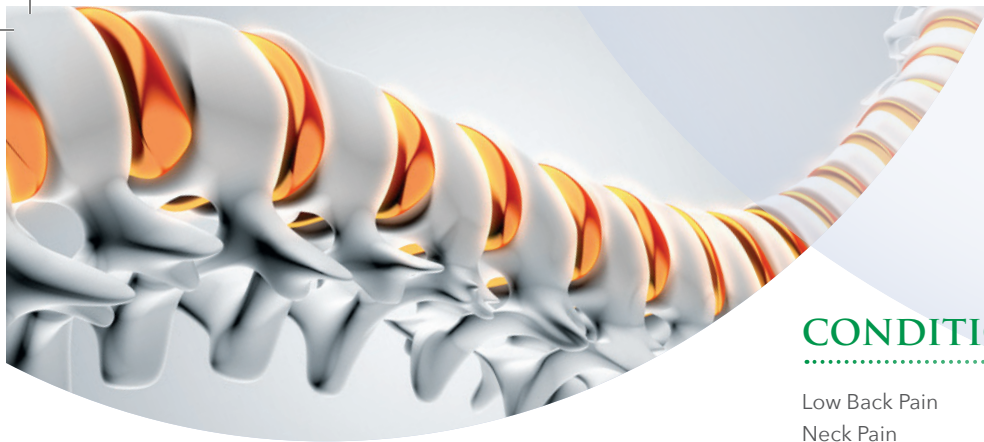
No associated hospital fees.



P 704-317-1440

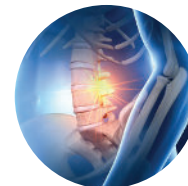
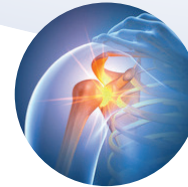
F 704-733-9040

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## CONDITIONS WE TREAT

- Low Back Pain
- Neck Pain
- Sciatica
- Neuropathy
- Migraines/Headaches
- Large Joint Pain  
(knees, shoulders, hips, ankles)
- Small Joint Pain
- Myofascial Pain/Fibromyalgia
- Post-Surgical Pain
- Diabetic Nerve Pain
- Acute Pain
- CRPS (RSD)
- Work Related Injuries
- Sports Injuries
- Tendonitis
- Failed Back Surgery Syndrome



Please contact us to learn about other conditions we treat that are not listed above.

## PAIN SPECIALISTS

Pain management is a medical specialty that focuses on diagnosing and treating sources of acute and chronic pain. Pain can come from anywhere: a work injury, auto accident, sports injury, after corrective surgery or suffering from pain that just won't go away. After an initial evaluation, the providers at Integrative Pain & Spine Institute can help you take back control of your life.

## ABOUT US

Physicians at Integrative Pain & Spine Institute are double board certified in Anesthesiology and Pain Management. Regardless of the location of your pain or the root cause, our team provides scientifically proven procedural care using state-of-the-art technology to treat pain before it progresses. We manage our patients' pain utilizing an integrative, multi-modal treatment strategy; and won't give up until they are satisfied with their pain management. We will customize a treatment plan for each patient that will allow them to restore function and re-live an active life again.

## MULTI-MODAL APPROACH

- Thorough evaluation and physical exam
- Imaging and nerve studies (if applicable)
- Medication Management
- Rehabilitation and Physical Therapy
- Interventional Therapy



## ABOUT THE PROVIDER

### Ankur M. Manvar, MD

Dr. Manvar is a native of Duluth, GA and has been in Charlotte since 2017. He is a double board certified anesthesiologist who has trained throughout the country. He enjoys playing tennis, traveling with his wife and is an avid Duke Basketball fan. He prides himself on providing high quality care to each of his patients so that they can achieve improvement in their day-to-day function and enjoyment of life.

*Undergraduate:* Duke University

*Medical School:* Medical College of Georgia

*Clinical Research Fellowship:* UNC Chapel Hill

*Surgery Internship:* Harvard University

*Anesthesiology Residency:* University of Illinois Chicago

*Pain Management Fellowship:* University of Washington

### Clinical Interests:

- Advanced interventional approaches to pain management
- Back, Neck, Spine, and Joint pain
- Neuromodulation (Spinal Cord Stimulation) and Radiofrequency Ablation
- Ultrasound guided peripheral nerve stimulation and treatment
- Integrative medicine

### Academic Memberships:

- American Society of Interventional Pain Physicians
- Pain Society of the Carolinas
- American Pain Society
- American Society of Regional Anesthesia- Pain Division.